

# Parties & Socials

## Ideas for parties and other social events

### Pancake Party

Batter up, it's Pancake Month. In addition, Pancake Week is traditionally celebrated the week of Shrove Tuesday or Pancake Tuesday (Feb. 12). Also, the last Friday of the month is Flapjack Friday (Feb. 22).

#### Possible Party Titles

- Pancake Party
- Flapjack Festival
- Hotcakes Hootenanny
- Mrs. Butterworth's Party
- Hungry Jack Party
- Batter Up Party
- Hot Off the Griddle Party
- Pancake Pig-Out Party
- "Leggo My Eggo" Party
- PJs and Pancakes Party



#### Signs & Invitations

Use this special [party sign](#) to advertise your party and get the word out. Type the date, time, location, and information about your party on the sign and print copies to post around the building. Write your party invitation in the form of a poem. For example:

Pancakes! Oh, pancakes!  
You miraculous treat!  
We can't get enough of you,  
You're delicious to eat!

There's a rumor goin' 'round,  
Like those pancakes we crave,  
That there might be a party,  
So the date you must save!

Please bring your appetite,  
And best flapjack flippers.  
Cuz the party's a good one,  
And, yes, wear your slippers!

## Attire/Costumes

As host or hostess, wear a pancake costume and carry a bottle of syrup. If you want to make it a pajama party, ask guests to come dressed in their favorite pajamas, robe, and slippers, and carry a favorite stuffed animal.

## Room Decoration

- Welcome your guests with a big banner that reads "Welcome to the party! Hope you're hungry, Jack!"
- Dangle large [cutouts of pancakes](#) from the ceiling.
- Hang pictures of Mrs. Butterworth around the room.
- Even some children's books could be displayed, such as [Curious George Makes Pancakes](#), [Mr. Wolf's Pancakes](#), [If You Give a Pig a Pancake](#), and [Hey, Pancakes!](#)
- If it's a breakfast-time party, create a morning atmosphere with pillows and blankets placed around the room.



## For Centerpieces

Make a pennant-style flag and write "Leggo My Eggo" on it. Tape the flag around the end of a straw and stand it in the center of a stack of mini pancakes. Add a bottle of Mrs. Butterworth's syrup.

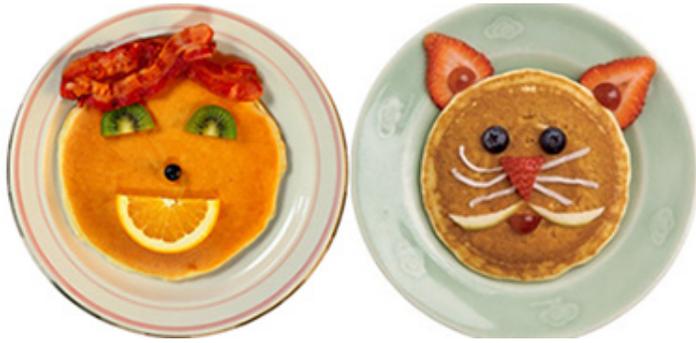
## Place Cards

Write guests' names on small pieces of paper and tape them to the end of a toothpick. Stand the toothpick in a couple of mini pancakes.

## Menu/Refreshments

- Set up a pancake toppings bar. The topping possibilities are endless. Some topping suggestions include chopped fresh fruit, chocolate chips, marshmallows, chopped nuts, bacon bits, M&Ms, peanut butter, whipped cream, chocolate syrup, jelly, sprinkles, etc. Oh, guess there are different flavored syrups, too.
- Make [Puffy Pancake Muffins](#), [Chocolate Pancakes](#), and [Cake Batter Pancakes](#) for dessert (as if a pancake party needs dessert).
- Since we are celebrating Valentine's Day this month, use a large heart-shaped cookie cutter to make heart-shaped pancakes. Serve with syrup and berries.
- Decorate pancakes to look like faces.





- For drinks, serve orange juice, coffee, or a [Breakfast Smoothie](http://goo.gl/NrZXd) (<http://goo.gl/NrZXd>).

## Party Games

- Have a [Pancake Race](#).
- For fun, make lots of dollar-sized pancakes. See who can stack the most pancakes before the stack falls over.
- Play "Flip the Flapjack." Place a large, thin pancake in a lightweight frying pan. See how many times each guest can flip the flapjack before it falls on the floor.
- Play "Pancake Toss." Cut out cardboard pancakes. Try tossing the "pancakes" into a frying pan for points.
- Have a "Pancake Art Contest." Give everyone some pancakes and see who can make the most interesting pancake art. For inspiration, check out these [Extreme Pancakes](http://thepancakeproject.com) (<http://thepancakeproject.com>).



## Prizes and Party Favors

For prizes and party favors, pass out maple and brown sugar breakfast bars or small bags of maple candy or maple cookies.

Type a special message on [these gift tags](#) and attach to the party favors. The tags say "We flipped over you!"









## Puffy Pancake Muffins

### Ingredients:

- Cooking spray
- 1 cup pancake mix
- 2/3 cup water
- Your choice toppings, such as chopped banana, berries, chocolate chips, chopped nuts, crumbled bacon, etc. (optional)
- Syrup (for dipping)



### Directions

1. Preheat oven to 325°F.
2. Spray a 12-cup muffin pan with cooking spray.
3. In a medium bowl, combine pancake mix and water. Pour equal amounts of batter into each muffin cup.
4. Optionally top batter with your choice of toppings.
5. Bake for 12–14 minutes. Serve warm with syrup for dipping.

*Serves 12*

***To make a recipe card, print on card stock paper. Cut out along dotted lines. Glue the front and back of the card together.***

## Chocolate Pancakes

### Ingredients:

- 1 cup milk
- 1 egg
- 2 tablespoons margarine, melted
- 1 cup all-purpose flour
- 1/3 cup cocoa powder
- 1/4 cup sugar
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- Powdered sugar
- Favorite toppings such as fruit, jam, whipped cream, etc.



### Directions

1. In medium bowl, add milk, egg, margarine. Whisk until well blended.
2. In another medium bowl, combine flour, cocoa, sugar, baking soda, and salt. Mix well.
3. Add milk mixture to dry mixture. Whisk until ingredients are moistened. (The batter may be slightly lumpy.)
4. Heat skillet to medium-low or low heat depending on your stove. Once hot, pour 1/4 cup of batter per pancake in pan.
5. Flip once batter is set around edges. Then cook until baked through.
6. Once pancakes are cooked. Sprinkle with powdered sugar. Add your favorite toppings.

*Yields 10 pancakes*

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## "Fat Tuesday" Pancake Day Race

Fat Tuesday is Mardi Gras. *Gras* is French for "fat" and *Mardi* is French for "Tuesday." Also known as Pancake Day and Shrove Tuesday, Fat Tuesday always falls on the Tuesday before Ash Wednesday, which is the first day of Lent in the Christian faith. The custom of eating pancakes on Shrove Tuesday dates back hundreds of years. It was the day to clear the fat, cream, yeast, and other rich ingredients like butter and eggs out of the kitchen before the Lenten fast. Traditionally, the ingredients were made into pancakes.



The tradition of a Pancake Day race on Fat Tuesday can be traced to a town called Olney in Buckinghamshire, England. Legend has it that in 1445, one woman was busy preparing her pancakes when the church bells rang calling everyone to Shrove Tuesday service. Donned in her apron and church-required headscarf, the woman grabbed her skillet, pancake and all, and ran to the church, becoming the first pancake racer. The years that followed saw the majority of Olney women competing to reach the church first, pancake in hand.

According to the current rules, only women wearing a dress (no pants or jeans), an apron, and a hat or scarf can take part in the race. Each contestant has a frying pan containing a hot, cooked pancake. She must toss the pancake three times during the race, which starts at the market square at 11:55 a.m. The first woman to complete the winding 375-meter course, arrive at the church, serve her pancake to the bell ringer, and receive a kiss from him is the winner. She also receives a prayer book from the vicar.

Plan your own Pancake Day race on Fat Tuesday this year. It can be a fun game and/or a physical activity for your group.

### Supplies

- Use tennis rackets in place of skillets.
- Use real pancakes or something like small Frisbees to toss.
- You might also bring along some aprons and scarves or bonnets for the racers to wear. (Provide hats for the men.)

## How to Play

1. Divide your group into two teams. (Men are invited to participate also.) Half of each team stands at one end of the course and half at the other end. (Put strips of masking tape on the floor to mark the ends of the course.)
2. The first player has to run (or walk) to the other end and give the frying pan (tennis racket) to a teammate, who runs or walks back with it.
3. On each run, the pancake (or Frisbee) must be tossed and caught once without being dropped. If the player drops it on the floor, he or she must go back and start the run again.
4. Continue until each player has run the course. The first team to finish wins.

## Variations

- Ask the players to toss the pancake as many times as they can without dropping it. (This can be done from a standing or sitting position.) The player with the highest number of successful tosses wins.
  - Pass the "skillet" (racket) around in a circle. Each player takes a turn tossing the "pancake" (Frisbee). If the player catches it, he can stay for the next round. If not, he's out. Keep going until only one player is left.
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**We FLIPPED**  
**over you!**



**We FLIPPED**  
**over you!**



**We FLIPPED**  
**over you!**



**We FLIPPED**  
**over you!**



**We FLIPPED**  
**over you!**



**We FLIPPED**  
**over you!**



**We FLIPPED**  
**over you!**



**We FLIPPED**  
**over you!**



# Martin Bros. items for PANCAKE PARTY

Martin Bros. Items to help you create the party food:

## **Pancake Options:**

- 400130 Complete Pancake Mix 6/ 5#
- 983130 Pancakes 144/1 oz.
- 983080 Whole Grain Pancakes 12/ 12 ct.
- 982340 Mini Pancakes 8/ 135 ct.

## **Syrups & Sauces to Add To the Pancakes**

- 770470 Pancake Syrup 4/ 1 gal.
- 572140 Sugar Free Syrup 12/ 12 oz.
- 573120 Syrup Cups 100/ 1 oz.
- 770510 Light Syrup Cups 100/ 1 oz.
- 771221 Cherry Syrup 1 / 1 gal.
- 771231 Strawberry Syrup 1/ 1 gal.
- 771350 Assorted Sauces 12/ 16 oz. (caramel, raspberry, chocolate, white chocolate, mango, kiwi, cinnamon, lemon) Great visual and flavor profile.

## **Topping Items:**

- 462211 Rainbow Sprinkles 1/ 6#
- 464548 Mini Marshmallows 12/ 1 #
- 520950 Bacon Bits 6/ 1#
- 988060 Rich's ON TOP topping. Comes in 16 oz. bags ready to pipe on in any decorative way desired. How about a smiley face?
- 965290 IQF Blueberries 6/ 3#
- 965508 IQF Sliced Strawberries 6/ 6.5#