Week 1 REGULAR/NAS

FALL WINTER 2021-2022 BASE MENU

Week at a Glance

| | FALL WINTER 2021-2022 DASE MENO | | | | | | | |
|------------------|--|--|---|---|--|--|--|--|
| Μ | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
| B F S T | CHOICE OF JUICE CHOICE OF CEREAL EGG: FRENCH TOAST BITES MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MARGARINE/JELLY MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY FRUIT MILK | CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK | CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG WITH HAM GINGERBREAD PANCAKES W/ SYRUP MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: STRAWBERRY DANISH COFFEE CAKE MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: RAISIN TOAST MARGARINE/JELLY MILK | |
| N O O N | APPLEWOOD SMOKED BACON BBQ RIBS CHEDDAR RANCH SCALLOPED POTATOES SEASONED GREEN BEANS PIE MILK | BAKED CAVATELLI ROASTED LEMON BROCCOLI GARLIC TOAST BANANA WALNUT BROWNIE MILK | SAVORY ROAST BEEF MASHED POTATOES GRAVY CANDIED CARROTS BREAD/MARG PUMPKIN HONEY BUN CAKE MILK | BUTTER PECAN CHICKEN SWEET POTATOES & APPLES PARSLIED CAULIFLOWER BREAD/MARG CRANBERRY ORANGE CRISP MILK | TACO MEATLOAF SOUTHWEST RICE TOSSED GREENS W/ DRSG BREAD/MARG HOT COCOA CHEESECAKE MILK | VEGETABLES CHERRIES IN THE SNOW | WESTERN BURGER TATER TOTS TOSSED GREENS W/ DRSG TUTTI FRUTTI GELATIN MILK | |
| Α | BEEF MINUTE STEAK MASHED POTATOES BEEF GRAVY | FISH & CHIPS | PORK CHOP STUFFING | TACO SALAD | PORK TENDERLOIN ON BUN MACARONI AND CHEESE | PORK CHOP VEGETABLE BLEND | CHEF SALAD CRACKERS | |
| E V E | CRISPY CHICKEN SANDWICH HONEY MUSTARD LETTUCE /TOMATO /ONION POTATO CHIPS CREAMY COLESLAW COOKIE MILK | TURKEY WALDORF SALAD W/ APPLE CIDER VINAIGRETTE MUFFIN PEARS PEANUT BUTTER MOUSSE MILK | HAM AND BEAN SOUP CRACKERS COTTAGE CHEESE & PEACHES MAPLE CORNBREAD ICE CREAM MILK | REUBEN BAKE MIXED VEGETABLES PINEAPPLE MILK | ROASTED CHICKEN MASHED POTATOES GRAVY FRIED CORN W/ BACON BREAD/MARG MIXED FRUIT MILK | SHEPHERD'S PIE SOUP FRESH BAKED BREAD HONEY BUTTER MARINATED CUCUMBERS APPLE BUTTERSCOTCH FLUFF MILK | CREAMY HAM ALFREDO SEASONED PEAS GARLIC TOAST MANDARIN ORANGES MILK | |
| Α | CHEDDAR OMELET TOMATO JUICE | DELI SANDWICH PASTA SALAD | HAMBURGER ON BUN POTATO SALAD | MEATBALLS WITH SAUCE MASHED POTATOES /MARG | CREAM OF TOMATO SOUP GRILLED CHEESE SANDWICH | CHICKEN TENDERS FRENCH FRIES | COLD CUT SANDWICH SOUP OF THE DAY | |

Menus Approved By:



09/26/21, 10/24/21, 11/21/21, 12/19/21, 01/16/22, 02/13/22, 03/13/22, 04/10/22, 05/08/22

Notes:

Week 1 REGULAR/NAS

FALL WINTER 2021-2022 BASE MENU

Week at a Glance

| (LOW LABOR) | | | | | | | |
|------------------|---|--|---|--|---|---|---|
| м | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| B F S T | CHOICE OF JUICE CHOICE OF CEREAL EGG: FRENCH TOAST BITES MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MARGARINE/JELLY MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: MUFFIN FRUIT MILK | CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK | CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG PANCAKES/SYRUP MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: CREME BRULEE COFFEE CAKE MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: MUFFIN MILK |
| N O O N | BBQ RIBS SCALLOPED POTATOES GREEN BEANS PIE MILK | LASAGNA W/ MEATSAUCE BROCCOLI FLORETS CHEESE STUFFED BREADSTICK BROWNIE MILK | ROAST BEEF MASHED POTATOES GRAVY CARROTS BREAD/MARG CAKE ROLL MILK | CHICKEN BREAST CORDON BLEU SWEET POTATOES STEAMED CAULIFLOWER BREAD/MARG FRUIT CRISP MILK | MEATLOAF SLICE MACARONI & CHEESE STEWED TOMATOES BREAD/MARG CHEESECAKE MILK | BEER BATTERED TILAPIA MINI BAKER POTATOES CASCADE BLEND VEGETABLES CHERRY PIE MILK | CHEESEBURGER ON BUN TATER TOTS TOSSED GREENS W/ DRSG FRUITED GELATIN MILK |
| E V E | CRISPY CHICKEN SANDWICH POTATO CHIPS COLESLAW COOKIE MILK | TURKEY TIPS/W GRAVY MASHED POTATOES TOSSED GREENS W/ DRSG BREAD/MARG PEARS MILK | HAM & BEAN SOUP CRACKERS COTTAGE CHEESE & PEACHES CORNBREAD / MARGARINE ICE CREAM MILK | PIZZA SLICE MIXED VEGETABLES PINEAPPLE MILK | BAKED CHICKEN DRUMSTICK MASHED POTATOES GRAVY CORN BREAD/MARG MIXED FRUIT MILK | LUMBERJACK VEGETABLE SOUP EGG SALAD SANDWICH CUCUMBER & ONION SALAD CINNAMON APPLESAUCE MILK | CHICKEN FETTUCINI ALFREDO W/ VEGS PEAS GARLIC TOAST MANDARIN ORANGES MILK |

Menus Approved By:



09/26/21, 10/24/21, 11/21/21, 12/19/21, 01/16/22, 02/13/22, 03/13/22, 04/10/22, 05/08/22

Notes:

| Week 1 REGULAR/NAS CHEF INSPIRED FALL WINTER 2021-2022 W | | | | | | Week at a Glance | |
|--|--|--|---|--|---|---|--|
| М | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| B F S T | CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK | CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK | CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK | CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK | CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK | CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK | CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS CHOICE OF FRUIT MILK |
| 2 0 0 Z | SLOW ROASTED BRAISED BEEF FRESH MASHED POTATOES SAVORY GRAVY BALSAMIC GLAZED CARROTS FRESH BREAD BASKET FRUIT PIE A LA MODE MILK | PARMESAN CRUSTED PORK CHOP CRANBERRY SAUCE WHITE CHEDDAR MACARONI & CHEESE SAUTEED GREEN BEANS W/ ALMONDS CORNBREAD/MARGARI NE PUMPKIN MARBLE CAKE MILK | MAPLE GLAZED MEATLOAF ROASTED POTATOES SEASONAL VEGETABLE BLEND FRESH BREAD BASKET PEANUT BUTTER CUP BLONDIE MILK | BUTTER PECAN CHICKEN SWEET POTATOES & APPLES PARSLIED CAULIFLOWER FRESH BREAD BASKET CRANBERRY ORANGE CRISP MILK | BEEF RAVIOLI W/ ROASTED TOMATO SAUCE ITALIAN BLEND VEGETABLES FRESH BREAD BASKET TIRAMISU DESSERT MILK | SALMON FLORENTINE PARMESAN RICE LEMON PEPPER ASPARAGUS FRESH BREAD BASKET LEMON CHEESECAKE MILK | BALSAMIC ROASTED BEEF AU GRATIN POTATOES ROASTED CORN COBBETTE FRESH BREAD BASKET CHERRY PIE CRUMB BAR MILK |
| E V E | ENGLISH MUFFIN TUNA MELT LEMON BUTTER PEAS SPICED FRUIT CUP CHOCOLATE CHIP COOKIE MILK | CHICKEN TAMALE MEXICAN COLESLAW CHURRO MANDARIN ORANGES MILK | TOMATO BISQUE CRACKERS ULTIMATE GRILLED CHEESE SPINACH & BACON SALAD W/ POPPYSEED DRSG | CHILI CON CARNE SHREDDED CHEESE/GREEN ONIONS CRACKERS CINNAMON ROLL CHOICE OF FRUIT | CRAN-APPLE TURKEY MELT SWEET POTATO WEDGES CHOICE OF FRUIT FROSTED BROWNIE MILK | CORNED BEEF REUBEN GERMAN POTATO SALAD FRESH CUCUMBER SALAD WARM FRUIT COMPOTE | COUNTRY FRIED CHICKEN SALAD BUTTERMILK DRESSING FRESH BREAD BASKET BUILD YOUR OWN SUNDAE |

MILK

CHOICE OF FRUIT

MILK

Menus Approved By:



09/05/21, 10/03/21, 10/31/21, 11/28/21, 12/26/21, 01/23/22, 02/20/22, 03/20/22, 04/17/22, 05/15/22

MILK

MILK

Notes:

Week 1 REGULAR/NAS

FALL WINTER 2021-2022 BASE MENU

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Week at a Glance

| _ | (PLAIN LANGUAGE / LOWER COST) | | | | | | | |
|------------------|---|--|--|--|---|--|--|--|
| М | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
| B F S T | CHOICE OF JUICE CHOICE OF CEREAL EGG: GLAZED LONG JOHN MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MARGARINE/JELLY MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY FRUIT MILK | CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK | CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG GINGERBREAD PANCAKES W/ SYRUP MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY MILK | CHOICE OF JUICE CHOICE OF CEREAL EGG: RAISIN TOAST MARGARINE/JELLY MILK | |
| N 0 0 N | GLAZED PORK LOIN CHEDDAR RANCH SCALLOPED POTATOTES GREEN BEANS PIE MILK | BAKED CAVATELLI ROASTED LEMON BROCCOLI GARLIC TOAST BANANA WALNUT BROWNIE MILK | ROAST BEEF MASHED POTATOES GRAVY CANDIED CARROTS BREAD/MARG PUMPKIN HONEY BUN CAKE MILK | GLAZED CHICKEN SWEET POTATOES & APPLES PARSLIED CAULIFLOWER BREAD/MARG CRANBERRY ORANGE CRISP MILK | TACO MEATLOAF SOUTHWEST RICE TOSSED SALAD W/ DRSG SUGAR COOKIE MILK | CREAMED TURKEY MASHED POTATOES CASCADE BLEND VEGETABLES SHIRLEY TEMPLE CAKE MILK | WESTERN BURGER TATER TOTS TOSSED SALAD W/ DRSG FRUITED GELATIN MILK | |
| Α | BEEF MINUTE STEAK MASHED POTATOES BEEF GRAVY | FISH & CHIPS | PORK CHOP STUFFING | TACO SALAD | SMOKED SAUSAGE MACARONI AND CHEESE | BREADED FISH FILET VEGETABLE BLEND | CHEF SALAD CRACKERS | |
| E V E | CRISPY CHICKEN SANDWICH POTATO WEDGES CREAMY COLESLAW COOKIE MILK | TURKEY WALDORF SALAD W/ APPLE CIDER VINAIGRETTE MUFFIN PEARS MILK | HAM AND BEAN SOUP CRACKERS COTTAGE CHEESE TOSSED SALAD W/ DRSG MAPLE CORNBREAD PEACHES MILK | REUBEN CASSEROLE MIXED VEGETABLES PINEAPPLE MILK | ROASTED CHICKEN MASHED POTATOES GRAVY FRIED CORN W/ BACON BREAD/MARG CHEF'S CHOICE OF FRUIT MILK | FRESH BAKED BREAD MARINATED | CREAMY HAM ALFREDO SEASONED PEAS GARLIC TOAST MANDARIN ORANGES MILK | |
| A | CHEDDAR OMELET TOMATO JUICE | DELI SANDWICH POTATO CHIPS | HAMBURGER ON BUN POTATO SALAD | MEATBALLS WITH SAUCE MASHED POTATOES/MARG | CREAM OF TOMATO SOUP GRILLED CHEESE SANDWICH | CHICKEN TENDERS FRENCH FRIES | COLD CUT SANDWICH SOUP OF THE DAY | |

