Week 1 REGULAR/NAS

FALL WINTER 2021-2022 BASE MENU

Week at a Glance

	FALL WINTER 2021-2022 DASE MENO							
Μ	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
B F S T	CHOICE OF JUICE CHOICE OF CEREAL EGG: FRENCH TOAST BITES MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY FRUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG WITH HAM GINGERBREAD PANCAKES W/ SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: STRAWBERRY DANISH COFFEE CAKE MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: RAISIN TOAST MARGARINE/JELLY MILK	
N O O N	APPLEWOOD SMOKED BACON BBQ RIBS CHEDDAR RANCH SCALLOPED POTATOES SEASONED GREEN BEANS PIE MILK	BAKED CAVATELLI ROASTED LEMON BROCCOLI GARLIC TOAST BANANA WALNUT BROWNIE MILK	SAVORY ROAST BEEF MASHED POTATOES GRAVY CANDIED CARROTS BREAD/MARG PUMPKIN HONEY BUN CAKE MILK	BUTTER PECAN CHICKEN SWEET POTATOES & APPLES PARSLIED CAULIFLOWER BREAD/MARG CRANBERRY ORANGE CRISP MILK	TACO MEATLOAF SOUTHWEST RICE TOSSED GREENS W/ DRSG BREAD/MARG HOT COCOA CHEESECAKE MILK	VEGETABLES CHERRIES IN THE SNOW	WESTERN BURGER TATER TOTS TOSSED GREENS W/ DRSG TUTTI FRUTTI GELATIN MILK	
Α	BEEF MINUTE STEAK MASHED POTATOES BEEF GRAVY	FISH & CHIPS	PORK CHOP STUFFING	TACO SALAD	PORK TENDERLOIN ON BUN MACARONI AND CHEESE	PORK CHOP VEGETABLE BLEND	CHEF SALAD CRACKERS	
E V E	CRISPY CHICKEN SANDWICH HONEY MUSTARD LETTUCE /TOMATO /ONION POTATO CHIPS CREAMY COLESLAW COOKIE MILK	TURKEY WALDORF SALAD W/ APPLE CIDER VINAIGRETTE MUFFIN PEARS PEANUT BUTTER MOUSSE MILK	HAM AND BEAN SOUP CRACKERS COTTAGE CHEESE & PEACHES MAPLE CORNBREAD ICE CREAM MILK	REUBEN BAKE MIXED VEGETABLES PINEAPPLE MILK	ROASTED CHICKEN MASHED POTATOES GRAVY FRIED CORN W/ BACON BREAD/MARG MIXED FRUIT MILK	SHEPHERD'S PIE SOUP FRESH BAKED BREAD HONEY BUTTER MARINATED CUCUMBERS APPLE BUTTERSCOTCH FLUFF MILK	CREAMY HAM ALFREDO SEASONED PEAS GARLIC TOAST MANDARIN ORANGES MILK	
Α	CHEDDAR OMELET TOMATO JUICE	DELI SANDWICH PASTA SALAD	HAMBURGER ON BUN POTATO SALAD	MEATBALLS WITH SAUCE MASHED POTATOES /MARG	CREAM OF TOMATO SOUP GRILLED CHEESE SANDWICH	CHICKEN TENDERS FRENCH FRIES	COLD CUT SANDWICH SOUP OF THE DAY	

Menus Approved By:



09/26/21, 10/24/21, 11/21/21, 12/19/21, 01/16/22, 02/13/22, 03/13/22, 04/10/22, 05/08/22

Notes:

Week 1 REGULAR/NAS

FALL WINTER 2021-2022 BASE MENU

Week at a Glance

(LOW LABOR)							
м	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B F S T	CHOICE OF JUICE CHOICE OF CEREAL EGG: FRENCH TOAST BITES MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: MUFFIN FRUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG PANCAKES/SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: CREME BRULEE COFFEE CAKE MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: MUFFIN MILK
N O O N	BBQ RIBS SCALLOPED POTATOES GREEN BEANS PIE MILK	LASAGNA W/ MEATSAUCE BROCCOLI FLORETS CHEESE STUFFED BREADSTICK BROWNIE MILK	ROAST BEEF MASHED POTATOES GRAVY CARROTS BREAD/MARG CAKE ROLL MILK	CHICKEN BREAST CORDON BLEU SWEET POTATOES STEAMED CAULIFLOWER BREAD/MARG FRUIT CRISP MILK	MEATLOAF SLICE MACARONI & CHEESE STEWED TOMATOES BREAD/MARG CHEESECAKE MILK	BEER BATTERED TILAPIA MINI BAKER POTATOES CASCADE BLEND VEGETABLES CHERRY PIE MILK	CHEESEBURGER ON BUN TATER TOTS TOSSED GREENS W/ DRSG FRUITED GELATIN MILK
E V E	CRISPY CHICKEN SANDWICH POTATO CHIPS COLESLAW COOKIE MILK	TURKEY TIPS/W GRAVY MASHED POTATOES TOSSED GREENS W/ DRSG BREAD/MARG PEARS MILK	HAM & BEAN SOUP CRACKERS COTTAGE CHEESE & PEACHES CORNBREAD / MARGARINE ICE CREAM MILK	PIZZA SLICE MIXED VEGETABLES PINEAPPLE MILK	BAKED CHICKEN DRUMSTICK MASHED POTATOES GRAVY CORN BREAD/MARG MIXED FRUIT MILK	LUMBERJACK VEGETABLE SOUP EGG SALAD SANDWICH CUCUMBER & ONION SALAD CINNAMON APPLESAUCE MILK	CHICKEN FETTUCINI ALFREDO W/ VEGS PEAS GARLIC TOAST MANDARIN ORANGES MILK

Menus Approved By:



09/26/21, 10/24/21, 11/21/21, 12/19/21, 01/16/22, 02/13/22, 03/13/22, 04/10/22, 05/08/22

Notes:

Week 1 REGULAR/NAS CHEF INSPIRED FALL WINTER 2021-2022 W						Week at a Glance	
М	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B F S T	CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK	CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK	CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK	CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK	CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK	CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS MILK	CHOICE OF JUICE CHOICE OF CEREAL CHOICE OF EGG BREAKFAST MEAT OF CHOICE ASSORTED BREAKFAST BREADS CHOICE OF FRUIT MILK
2 0 0 Z	SLOW ROASTED BRAISED BEEF FRESH MASHED POTATOES SAVORY GRAVY BALSAMIC GLAZED CARROTS FRESH BREAD BASKET FRUIT PIE A LA MODE MILK	PARMESAN CRUSTED PORK CHOP CRANBERRY SAUCE WHITE CHEDDAR MACARONI & CHEESE SAUTEED GREEN BEANS W/ ALMONDS CORNBREAD/MARGARI NE PUMPKIN MARBLE CAKE MILK	MAPLE GLAZED MEATLOAF ROASTED POTATOES SEASONAL VEGETABLE BLEND FRESH BREAD BASKET PEANUT BUTTER CUP BLONDIE MILK	BUTTER PECAN CHICKEN SWEET POTATOES & APPLES PARSLIED CAULIFLOWER FRESH BREAD BASKET CRANBERRY ORANGE CRISP MILK	BEEF RAVIOLI W/ ROASTED TOMATO SAUCE ITALIAN BLEND VEGETABLES FRESH BREAD BASKET TIRAMISU DESSERT MILK	SALMON FLORENTINE PARMESAN RICE LEMON PEPPER ASPARAGUS FRESH BREAD BASKET LEMON CHEESECAKE MILK	BALSAMIC ROASTED BEEF AU GRATIN POTATOES ROASTED CORN COBBETTE FRESH BREAD BASKET CHERRY PIE CRUMB BAR MILK
E V E	ENGLISH MUFFIN TUNA MELT LEMON BUTTER PEAS SPICED FRUIT CUP CHOCOLATE CHIP COOKIE MILK	CHICKEN TAMALE MEXICAN COLESLAW CHURRO MANDARIN ORANGES MILK	TOMATO BISQUE CRACKERS ULTIMATE GRILLED CHEESE SPINACH & BACON SALAD W/ POPPYSEED DRSG	CHILI CON CARNE SHREDDED CHEESE/GREEN ONIONS CRACKERS CINNAMON ROLL CHOICE OF FRUIT	CRAN-APPLE TURKEY MELT SWEET POTATO WEDGES CHOICE OF FRUIT FROSTED BROWNIE MILK	CORNED BEEF REUBEN GERMAN POTATO SALAD FRESH CUCUMBER SALAD WARM FRUIT COMPOTE	COUNTRY FRIED CHICKEN SALAD BUTTERMILK DRESSING FRESH BREAD BASKET BUILD YOUR OWN SUNDAE

MILK

CHOICE OF FRUIT

MILK

Menus Approved By:



09/05/21, 10/03/21, 10/31/21, 11/28/21, 12/26/21, 01/23/22, 02/20/22, 03/20/22, 04/17/22, 05/15/22

MILK

MILK

Notes:

Week 1 REGULAR/NAS

FALL WINTER 2021-2022 BASE MENU

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Week at a Glance

_	(PLAIN LANGUAGE / LOWER COST)							
М	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
B F S T	CHOICE OF JUICE CHOICE OF CEREAL EGG: GLAZED LONG JOHN MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: BACON TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY FRUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG GINGERBREAD PANCAKES W/ SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG: RAISIN TOAST MARGARINE/JELLY MILK	
N 0 0 N	GLAZED PORK LOIN CHEDDAR RANCH SCALLOPED POTATOTES GREEN BEANS PIE MILK	BAKED CAVATELLI ROASTED LEMON BROCCOLI GARLIC TOAST BANANA WALNUT BROWNIE MILK	ROAST BEEF MASHED POTATOES GRAVY CANDIED CARROTS BREAD/MARG PUMPKIN HONEY BUN CAKE MILK	GLAZED CHICKEN SWEET POTATOES & APPLES PARSLIED CAULIFLOWER BREAD/MARG CRANBERRY ORANGE CRISP MILK	TACO MEATLOAF SOUTHWEST RICE TOSSED SALAD W/ DRSG SUGAR COOKIE MILK	CREAMED TURKEY MASHED POTATOES CASCADE BLEND VEGETABLES SHIRLEY TEMPLE CAKE MILK	WESTERN BURGER TATER TOTS TOSSED SALAD W/ DRSG FRUITED GELATIN MILK	
Α	BEEF MINUTE STEAK MASHED POTATOES BEEF GRAVY	FISH & CHIPS	PORK CHOP STUFFING	TACO SALAD	SMOKED SAUSAGE MACARONI AND CHEESE	BREADED FISH FILET VEGETABLE BLEND	CHEF SALAD CRACKERS	
E V E	CRISPY CHICKEN SANDWICH POTATO WEDGES CREAMY COLESLAW COOKIE MILK	TURKEY WALDORF SALAD W/ APPLE CIDER VINAIGRETTE MUFFIN PEARS MILK	HAM AND BEAN SOUP CRACKERS COTTAGE CHEESE TOSSED SALAD W/ DRSG MAPLE CORNBREAD PEACHES MILK	REUBEN CASSEROLE MIXED VEGETABLES PINEAPPLE MILK	ROASTED CHICKEN MASHED POTATOES GRAVY FRIED CORN W/ BACON BREAD/MARG CHEF'S CHOICE OF FRUIT MILK	FRESH BAKED BREAD MARINATED	CREAMY HAM ALFREDO SEASONED PEAS GARLIC TOAST MANDARIN ORANGES MILK	
A	CHEDDAR OMELET TOMATO JUICE	DELI SANDWICH POTATO CHIPS	HAMBURGER ON BUN POTATO SALAD	MEATBALLS WITH SAUCE MASHED POTATOES/MARG	CREAM OF TOMATO SOUP GRILLED CHEESE SANDWICH	CHICKEN TENDERS FRENCH FRIES	COLD CUT SANDWICH SOUP OF THE DAY	

